

MARCH 2023

ISSUE NO. 4

SOUTHERN CALIFORNIA SCHOOL NUTRITION ASSOCIATION

CHAPTER 1



STAY CONNECTED!



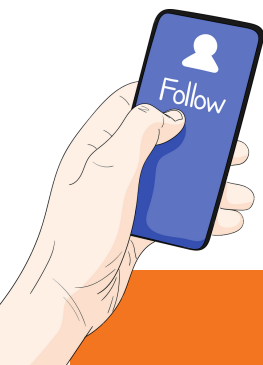
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Eat Smart 2 Be Smart
www.eatsmart2besmart.org

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PRESIDENT'S MESSAGE

HELLO SCSNA MEMBERS!

IT IS HARD TO BELIEVE THAT WE ARE IN THE MONTH OF MARCH AND MANY OF US ARE PLANNING FOR OUR SUMMER PROGRAMS AND PREPARING BIDS! SPRING IS UPON US AND I AM READY FOR WARMER WEATHER AND SUNNIER DAYS AHEAD.

SPRING IS A TIME OF RENEWAL AND GROWTH. I JUST RETURNED FROM THE LEGISLATIVE ACTION CONFERENCE (LAC) IN WASHINGTON D.C. WHERE I CAME BACK FEELING EMPOWERED AND INSPIRED BY ALL OF YOU. UNFORTUNATELY, WHILE I WAS AT THE CONFERENCE, MY GRANDFATHER PASSED AWAY. IT WAS A BITTERSWEET EXPERIENCE FOR ME BUT FORTUNATELY I WAS SURROUNDED WITH ABOUT 50 SCSNA MEMBERS WHO WERE IN ATTENDANCE WHO SHOWED ME LOVE AND SUPPORT. HUGE SHOUTOUT TO DR. BETTY CROCKER (SCSNA'S LEGISLATIVE CHAIR) AND SARA MARAGNI (SCSNA'S LEGISLATIVE CO-CHAIR) WHO ORGANIZED OUR 30 APPOINTMENTS WITH OUR REPRESENTATIVES IN COLLABORATION WITH OUR LEADS ON EACH ASSIGNMENT. OUR COLLABORATIVE EFFORT MADE THESE 30 APPOINTMENTS SUCCESSFUL. THIS IS NO EASY FEAT SO PLEASE JOIN ME IN EXTENDING A WARM THANK YOU TO THEM.

ALSO, ANOTHER THANK YOU TO OUR WONDERFUL INDUSTRY CHAIR, RICHARD WOOD AND OUR LOVELY SPONSORS THAT HELPED US FUNDRAISE MONEY TO SEND DELEGATES TO THE LAC IN D.C. AND SACRAMENTO! A TOTAL OF NINE DELEGATES WERE SPONSORED TO ATTEND LAC D.C., MANY WHO WERE FIRST TIMERS! THERE WILL BE ONE ATTENDING LAC SACRAMENTO LATER THIS MONTH.

YOUR COMMITMENT TO CHILD NUTRITION IS EVER SO PRESENT IN EACH AND EVERY ONE OF YOU! THANK YOU FOR SHARING YOUR PASSION WITH OUR CHAPTER.

PICTURED ON THE PREVIOUS PAGE ARE OUR NINE SCHOLARSHIP RECIPIENTS WITH RICHARD WOOD (SCSNA'S INDUSTRY CHAIR) AT THE LEGISLATIVE ACTION CONFERENCE IN WASHINGTON D.C.

SINCERELY,

BRENDA ZARATE
SCSNA PRESIDENT 2022-23



Chef Cooking Competition

MARCH 17, 2023 MEETING AGENDA

SoCalGas Energy Resource Center
9240 Firestone Blvd.
Downey, CA 90241
(800) 427-6584

8:00-9:00 a.m.

Registration & Breakfast

9:00-9:30 a.m.

Opening: Emmalyn Coles, President-Elect
Flag Salute: Ronni Silverman, Vice President - TabletKiosk
Welcome: Dr. John A. Garcia, Jr., Superintendent - Downey USD
New Member & Guest Introductions
CalSNA Update: Carrie Bogdanovich, President-Elect - CalSNA
Inspiration: Marc Milton, Director of Food Services - Downey USD

10:00-10:30 a.m.

Business Meeting: Brenda Zarate, President

10:30-10:45 a.m.

Break

10:45-12:00 p.m.

Vendor Recognition

Chef Cooking Competition:

- Recipe Development
- Food Preparation
- Cooking Equipment Review
- Sampling and Rating

12:00-1:00 p.m.

Lunch, Raffle & Closing Remarks



CONTINENTAL BREAKFAST
LUNCH
VEGETARIAN
DESSERT

TOTAL CEU: 1 HOURS



SOUTHERN CALIFORNIA SCHOOL NUTRITION ASSOCIATION

Registration Information

2023 MEETINGS

We're looking forward to a year filled with new and exciting opportunities to network and grow together.

Save
the
date

Date	Location
March 17, 2023	Downey, CA
May 12, 2023	Pomona, CA

REGISTRATION TYPE

Member Type	Price/ Meeting
Chapter 1 Members	\$90
Non-Members	\$100
Student/Intern	\$70

ONLINE REGISTRATION



Scan the QR code for online registration*

Kindly pre-register by March 10, 2023

The online registration replaces the paper registration from prior years.

*RSVP is a Commitment to Pay

PAYMENT OPTIONS

Online Payments



Online payment can be made at the end of the online registration process.

We accept Master Card, Visa, American Express, and Discover

Checks



Checks can be submitted the day-of event or mailed to:

Suzy Sayre (SCSNA Registration Chair)

El Monte Union High School District

3537 Johnson Ave., El Monte, CA 91731

Cash



Cash payments are accepted the day of the meeting



Questions?

(626)444-9005 x9875

suzy.sayre@emuhd.org



SCSNA Chef Competition

-Team Santa Clarita-

Brittany Young Santa Clarita Valley
Vicky Garcia Soto School Food Services
Agency

Timothy Miller Unox

Recipe

Brittany's Chicken & Pasta Piatto

.....

-Team Fullerton-

Michael Asendorf Fullerton
Monaca Terrell School District

Aaron Valasquez Michael B's Foods

Petra St. John Eloma

Recipe

Chicken Shepherd's Pie

-Team Alvord-

Artie Ayon Alvord Unified
Jessica Ortega School District

Dennis Anthony Preferred Marketing

Freddy McDonald Blodget

Recipe

Chicken Pozole Verde

.....

-Team Bellflower-

Angela Hernandez Bellflower Unified
Pamela Jones School District

Juno Ignacio Pro Reps West
Nicole Maldonado

Recipe

Chicken Roulade
Spinach Mushroom Mornay
Pommes Maxim



LAST MEETING RECAP

Bring Your Boss



Azusa Unified School District



Fullerton Elementary
School District



Dedicated
Food Service Solution



Alhambra
Unified School District



Garden Grove
Unified School District

LAST MEETING RECAP

Bring Your Boss



Glendale
Unified School District



Orange Unified School District



Huntington Beach City
School District



Ontario
Unified School District



Fischer Group

LAST MEETING RECAP

Bring Your Boss



Redlands
Unified School District



San Marino
Unified School District



San Bernardino
Unified School District



Walnut
Unified School District



Whittier City
School District

LAST MEETING RECAP

Additional Highlights



Flag Salute



Suzanne Morales
Inspiration



Board Member
Carrie Buck



Sara Maragni



Travis Allen
Guest Speaker

2022-23 Southern California School Nutrition Association

PD COMMITTEE



Vivien Watts, M.S. SNS

Committee Chair
Executive Director of FNS, Alhambra USD
Past President of SCSNA



Agnes Lally, M.S.

Committee Member
Director of FS, Garden Grove USD
Past President of CSNA & SCSNA



Robert Lewis, PhD, SNS

Committee Member
CEO, Santa Clarita Valley SFSA
Past President of SCSNA



Michelle Curry, SNS

Committee Member
Retired Director of FS
CN Trainer/Speaker/Consultant



Susan Delgado, SNS

Committee Member
Retired Director of FS
Past President of SCSNA



Lauren Teng, SNS

Committee Member
Retired Director, Past President of SCSNA
Board Member, SFUA
Consultant

2022-23 Southern California
School Nutrition Association

PROFESSIONAL DEVELOPMENT

Friday, 7/28/23

8:00 a.m. - 2:15 p.m. (Lunch included)

Gas Company at Downey

Registration fee \$40 includes lunch

- One general session speaker
- 8 breakout session speakers (5 confirmed so far)
- Contact Vivien if you'd like to present a breakout session - need 2-4 more
- Contact Robert Lewis if you'd like to make donations to door prizes or giveaways
- Contact Vivien if you'd like to make donations of snacks - looking for fresh F/V
- PD is for FNS office and site employees

watts_vivien@ausd.us
(626) 943-6590

2022-23 Southern California
School Nutrition Association

PROFESSIONAL DEVELOPMENT

Thank you for the donations committed as of 3/9/23!

Lunch

- Long Legacy - 3 food trucks

Snacks

- Integrated
- General Mills
- K12 Food Pros

Door Prizes/Giveaways

- Cambro
- Core Group
- Dedicated Foodservice Solutions
- Domino's Pizza
- Don Lee Farms
- Driftwood Dairy
- Gold Star Foods
- Just Solutions
- Key Impact Sales
- Schwan's
- Simplot

COMING SOON!

I LOVE BEING A
SCHOOL LUNCH
HERO!

SCHOOL
NUTRITION
MATTERS

WE DO IT FOR
THE KIDS



THE APRON

PODCAST

Sharing the Stories of SNPs



CONQUER YOUR CHALLENGES

WITH MATT UPTON

916.708.8103

Matt@MattUpton.net



Serve Tall

After nearly two decades on a chilly Sunday morning the Washington Monument was dedicated on February 21, 1885. At a staggering 555 feet 5.125 inches tall it was the highest structure in the world at the time.

The endeavor began as a dream to honor President George Washington, the man who brought together 13 colonies and outlasted the British military to establish these United

States.

On July 4th, 1848, surrounded by nearly 20,000 spectators the corner stone was set on an 80 foot under the surface foundation. A truly audacious undertaking began with a private contractor and then completed by the Army Corps of Engineers.

Today it is under the care of the National Park Service. You and I can walk around it, go up inside of it if we want. It stands as a testament of what can happen when a group of people band together, remaining focused on the goal.

As we Serve in our School based restaurants to ensure that our student/scholars have nutritious meals, we will have multiple opportunities to be distracted. Distractions from our Serve come in many forms, sometimes pesky people, other times its policies or procedures. Regardless of the reason we take our hearts and eyes off our big "WHY" of providing great tasting nutritious meals for our student/scholars, they still need us and our Serve.

Just as the Washington Monument stands tall for the world to be reminded of man and people who stood together to form what has become these United States; we must stand tall in our mission to bring all our student and scholars great tasting nutritious meals.

Matt

Your CEO, "Chief Encouragement Officer"
916.708.8103

Matt Upton
916.708.8103
Matt@MattUpton.net

SOUTHERN CALIFORNIA SCHOOL FOOD SERVICE ASSOCIATION

TREASURER'S REPORT as of January 31, 2023

<u>INCOME</u>	<u>BUDGET</u> <u>2022-2023</u>	<u>YEAR</u> <u>TO DATE</u>	<u>BALANCE</u>
LOCAL DUES	\$ 8,500.00	\$ 5,695.00	\$ 2,805.00
DIRECTORIES	\$ 440.00	\$ -	\$ 440.00
LUNCHEONS	\$ 85,000.00	\$ 58,300.29	\$ 26,699.71
WAYS AND MEANS	\$ 5,000.00	\$ 2,085.50	\$ 2,914.50
INTEREST GEN. FUND	\$ 5.00	\$ 2.90	\$ 2.10
INTEREST PROG FUND	\$ 5.00	\$ 1.75	\$ 3.25
FUNDRAISER	\$ 71,100.00	\$ 58,706.27	\$ 12,393.73
PROFESSIONAL DEV	\$ 15,000.00	\$ -	\$ 15,000.00
MARKETING	\$ 6,000.00	\$ -	\$ 6,000.00
OTHER	\$ -	\$ 147.50	\$ (147.50)
TOTAL	\$ 191,050.00	\$ 124,791.71	\$ 66,258.29

<u>EXPENSES</u>			
PROGRAM	\$ 25,000.00	\$ 16,317.96	\$ 8,682.04
LUNCHEON	\$ 70,000.00	\$ 47,915.28	\$ 22,084.72
MEETINGS (board, transition)	\$ 3,000.00	\$ 3,213.81	\$ (213.81)
INSTALLATION	\$ 500.00	\$ -	\$ 500.00
NEWSLETTER	\$ -	\$ -	\$ -
PRESIDENT	\$ 1,500.00	\$ -	\$ 1,500.00
PRESIDENT-ELECT	\$ 1,000.00	\$ -	\$ 1,000.00
DIRECTORIES	\$ 1,500.00	\$ 1,072.18	\$ 427.82
POSTAGE & MAILINGS	\$ 50.00	\$ 23.25	\$ 26.75
WAYS AND MEANS	\$ 1,500.00	\$ 1,005.00	\$ 495.00
FUNDRAISER	\$ 30,000.00	\$ 19,037.58	\$ 10,962.42
PROFESSIONAL DEV	\$ 10,000.00	\$ 147.26	\$ 9,852.74
MARKETING	\$ 12,000.00	\$ 239.99	\$ 11,760.01
PROGRAM SUPPORT (lac)	\$ 34,000.00	\$ -	\$ 34,000.00
SCHOLARSHIP	\$ 500.00	\$ -	\$ 500.00
OTHER	\$ 500.00	\$ 39.17	\$ 460.83
TOTAL	\$ 191,050.00	\$ 89,011.48	\$ 102,038.52

OPERATIONAL

SURPLUS (DEFICIT): \$ 35,780.23

CASH ON HAND : \$ 106,123.79

Bank of America

General Fund Account #07239 \$ 38,235.60

General Fund Clearing Acct #1397 \$ 10,000.00

Program Support Account #07240 \$ 57,888.19

Prepared By:
Mayra Trejo, TreasurerApproved by: 2/24/2023
Executive Board

Southern California School Nutrition Association
 Chapter #1 SCSNA Meeting
 Jan. 27, 2023
 Richard Nixon Library, Yorba Linda
 MINUTES



Agenda	Comments & Action
Business Meeting Called To Order at 09:38 am	
<i>Min.1/SCSNA#1/Jan. 27</i> <u>welcome, opening remarks,</u> <u>flag salute & Inspiration</u> Emmalyn Coles, MBA President-Elect	<ul style="list-style-type: none"> ● Flag Salute, Mitchell Liday - Individual Food Service ● Moment of Silence in Remembrance of Monterey Park Incident ● Welcome Message <ul style="list-style-type: none"> ○ Carrie Buck, Placentia-Yorba Linda USD Board of Ed. Member ○ Phillip Chen CA Assembly - District 59 Supports AB 558, AB 2810, & SB 20 ● Inspiration, Suzanne Morales - Nutrition Director Placentia-Yorba Linda USD <ul style="list-style-type: none"> ○ Resolution is a recipe - Create your recipe and find your ingredients
<i>Min.2/SCSNA#1/Jan. 27</i> Brenda Zarate, RDN, SNS President (1)	<ul style="list-style-type: none"> ● Presidents Message <ul style="list-style-type: none"> ○ Thank you for attending, excited to return in person, large turn out.
Emmalyn Coles, MBA President Elect (2)	<ul style="list-style-type: none"> ● Thank you for attending and introduction of presenters
Eric Enciso, Recording Secretary	<ul style="list-style-type: none"> ● Minutes for approval of Dec. 09, 2023 ● Motion to approve meeting minutes <ol style="list-style-type: none"> 1. Dr. Betty Crocker 2. Dr. Robert Lewis ● Motion carried unanimously
Jenny Lee, MPH, RD Corresponding Secretary	<ul style="list-style-type: none"> ● No Report
Mayra Trejo, MS Ed. Treasurer	<ul style="list-style-type: none"> ● Presented Treasurer's Report for Dec & Jan ● Reports will also be posted in Newsletter on https://www.eatsmart2besmart.org
Rich Wood, Industry Chair Kristy Harding, Industry Co Chair,	<ul style="list-style-type: none"> ● No Report
Nancy Wikes, MS, RDN Editorial & Publications	<ul style="list-style-type: none"> ● No Report
Suzanne Villedrouin, Facilities Chair	<ul style="list-style-type: none"> ● No Report

<p>Betty Crocker, DrPH, RDN <i>Legislative Chair</i></p> <p>Sara Maragni, RD <i>Cp-Legislative Chair</i></p>	<ul style="list-style-type: none"> Many opportunities coming up to have input on Nutrition legislation SNA Action Network is key in helping understand policy SNA White Paper is advocating for the CEP Multiplier, commodity for SNP, CEP eligibility threshold drop to 25%, Please sign up for SNA Action Network alerts to help us at the Federal level Look to newsletter and website for updates
<p>Jennifer Chin-Gonzales, MS, RD <i>Membership Chair,</i></p>	<ul style="list-style-type: none"> No Report
<p>Liz Brown-Smith, <i>By Laws & Rules/ Parliamentarian</i></p>	<ul style="list-style-type: none"> No Report
<p>Kathleen Cole, RDN <i>Nominating Chair</i></p>	<ul style="list-style-type: none"> Voting for SCSNA opens February 3rd and closes the 17th
<p>Michael Burns, MS, RD <i>Nutrition Advisor</i></p>	<ul style="list-style-type: none"> Chef Cooking Competition @ Downey – So. Cal Gas Company March 17th <ul style="list-style-type: none"> Teams will create food to be graded and enjoyed by members
<p>Vivien Watts, MS, SNS <i>Professional Development</i></p>	<ul style="list-style-type: none"> The PD committee is working on developing the summer workshop July 28th is locked in Location most likely will be So. Cal Gas Company Donations are welcomed 8:00-2:30 approx time
<p>Geri Lorenzana, RDN, SNS <i>Public Information</i></p>	<ul style="list-style-type: none"> No Report
<p>Suzy Sayre, <i>Registration Chair;</i></p> <p>Toni Fu, <i>Registration Co-Chair</i></p>	<ul style="list-style-type: none"> No Report
<p>Victor Trejo, RDN <i>Ways and Means</i></p>	<ul style="list-style-type: none"> No Report
<p>Candice Crump, MS, RD <i>Marketing Chair</i></p>	<ul style="list-style-type: none"> School Lunch Hero Contest – takes a moment to recognize a school nutrition professional. Competition details in newsletter and website www.eatsmart2besmart.com The Apron Podcast is coming soon - It will highlight front line school nutrition workers

Tony Roberts, <i>Photo Historian</i>	<ul style="list-style-type: none"> • Nothing to report
Business Meeting Adjourned at 10:01 A.M.	
<i>Min.3/SCSNA#1/Jan. 27</i>	<ul style="list-style-type: none"> • Guest Speaker Travis Allen - Pro-Solve <ul style="list-style-type: none"> • What skills do we need for the future? • Problem solving is a skill that will be in demand • ChatGPT will solve many administrative tasks • We need to teach and model problem solving skills
<i>Min.4/SCSNA#1/Jan. 27</i>	
Adjournment:	Recording Secretary Signature: <i>Eric Enciso</i> January 27, 2023